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Music: Michaele de Cygne
Words: Rumi; Quenya Tr: Rodger Ashton-Smith
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Ilimya Nolender
(Different Attractions)
(Excerpt from a poem by Rumi.
Applied by Michaele de Cygne.)

Don't feed both sides of yourself equally.
The spirit and the body carry different loads
and require different attentions.

Too often
we put saddlebags on Jesus
and let the donkey
run loose in the pasture.

Don't make the body do
what the spirit does best
and don't put a big load
on the spirit that the body could carry easily.